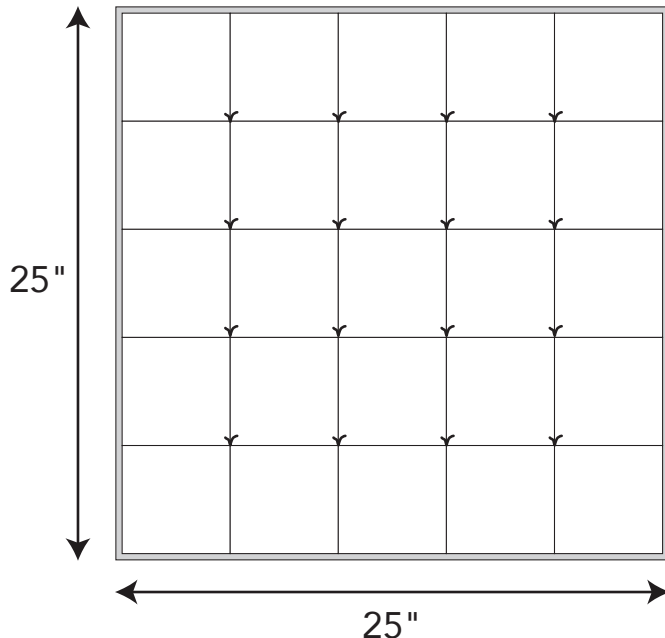


Stitch Away The Winter Blues Finishing Option

wisecraft
Handmade by Blair Stoker

Turn your hand stitched squares into a beautiful stitched sampler to hang on your wall. We will cover how to stitch this by hand or by sewing machine.



At the link below, find video links and relevant information.

<https://wisecrafthandmade.com/stitch-away-the-winter-blues-finishing/>

Supplies Needed:

- **One 30" square piece of fabric for the backing.** Consider repurposing a pretty bed sheet or cotton tablecloth. This side will not be visible when your piece is hung.
- **One 30" piece of quilt batting** to use in between backing and front panel of stitched squares. Consider repurposing a wool blanket if you have one. A batting layer is optional, but using it will give your piece nice body.
- **Machine sewing thread in a coordinating color** for stitching the squares together. (Embroidery floss or sashiko thread is not recommended for this step.)
- **A small skein of a coordinating color of yarn, embroidery floss, or sashiko thread and a hand sewing needle** that will work with what you choose. This will tie the layers together and to also hand stitch the binding on around all four edges.
- **A ruler and fabric marker** to mark the edges of your stitched squares (a clear acrylic is great for this step, but any ruler will do).
- **Four strips of 2" wide cotton quilting weight fabric measuring 27" in length** for binding. This can be the same fabric as the backing, or a coordinating fabric (this will be visible along the border of your piece when it is hung). Thicker fabrics like denim or canvas are not recommended for this step.
- If hand sewing the binding, **you will need a larger needle, like an upholstery needle**, capable of sewing through stitched squares, batting, and backing layers.
- If sewing any of the steps by **sewing machine, have it threaded and ready with a coordinating thread.**
- **Iron & ironing surface**
- **Fabric scissors and thread snips**